



## TRADITIONAL BOWLS

Chef-selected for a combination  
made in bowl heaven

12.95 each



### Faroe Island Salmon

Organic salmon filet, pea tendrils & shoots, quinoa salad, summer vegetable noodles, curried cauliflower, flax seed, citrus vinaigrette

### Thai Chili Shrimp

Tiger shrimp, pea tendrils & sprouts, citrus & herb soba noodles, broccoli, scallion, carrots, sesame seeds, sweet Thai chili sauce



### Kale & Spinach

Classic brown rice, blistered spring onion & asparagus, roasted sweet potatoes, hard boiled egg, spiced pepitas, honey dijon with thyme

### Blackened Organic Chicken

Blackened organic chicken thighs, local field greens, classic brown rice, black beans & shishito peppers, red cabbage, cucumber salad, avocado, scallions, fresh lime



### Southern Paleo

Smoked pork, kale & spinach greens, grilled balsamic portabellas, roasted sweet potatoes, candied fennel bacon, creamy balsamic

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