



TRADITIONAL BOWLS

Chef-selected for a combination
made in bowl heaven

12.95 each



Faroe Island Salmon

Organic salmon filet, pea tendrils & shoots, quinoa salad, summer vegetable noodles, brussels sprouts, flax seed, lemon coconut vinaigrette

Thai Chili Shrimp

Tiger shrimp, pea tendrils & sprouts, citrus & herb soba noodles, broccoli, scallion, carrots, sesame seeds, sweet Thai chili sauce



Southern Paleo

Smoked pork, kale & spinach greens, grilled balsamic portabellas, roasted sweet potatoes, candied fennel bacon, creamy balsamic

Blackened Organic Chicken

Blackened organic chicken thighs, local field greens, classic brown rice, black beans & shishito peppers, red cabbage, Tajín cucumber, avocado, scallions, fresh lime



Vegan Tofu

Classic brown rice, broccoli, roasted sweet potatoes, spiced pepitas, honey dijon with thyme

847-234-8802

670 N. Bank Ln. Lake Forest, IL 60045

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