



# CHOOSE WHAT WORKS FOR YOU

CHOOSE A CHEF SELECTED SEASONAL BOWL OR DESIGN YOUR OWN FROM THE CHOICES BELOW.

ALL BOWLS 12.95

## 1. START HERE: CHOOSE TWO

Local Field Greens

Quinoa Salad

Shredded Kale & Spinach

Classic Brown Rice (served hot)

### DRESS YOUR GREENS

Sriracha Lime Chili

Green Goddess

Fresh Lemon or Lime

Creamy White Balsamic

Sweet Thai Chili

Lemon Coconut

Vinaigrette

## 2. ADD PROTEIN

ADD AN ADDITIONAL PROTEIN TO YOUR BOWL FOR 3.00

Herb Roasted Amish Chicken Thigh

Faroe Island Salmon

Marinated Tofu  
(served cold)

Amish Chicken Meatballs  
limited daily availability

## 3. CHOOSE TWO SIDES

ADD AN ADDITIONAL SIDE TO YOUR BOWL FOR 2.00

Black Beans

roasted shishito peppers, red onion, lime

Roasted Sweet Potato

maple syrup, thyme, honey

Broccoli

pecorino, red chili flake, lemon zest

Vegetable Noodles

seasonal selection, lemon vinaigrette, kosher salt

Tajín Cucumber

grape tomato, lime, Tajín

### EXTRAS

ADD MORE TO LOVE

Avocado **HEALTHY FATS**

+0.75

A la Carte Side/Base

2.50

Hard Boiled Egg **MORE PROTEIN**

+0.75

A la Carte Protein

4.00

Persian Feta or Goat Cheese

+0.75

Kids Bowl

5.95